

## **WHO IS COMPANION HOUSE FOR?**

Any person who has experienced, or been affected by, torture or trauma related to human rights violations, including war experiences, prior to arrival in Australia. Most people Companion House works with have come to Australia as refugees or asylum seekers.

Companion House is part of the Forum of Australian Services for Survivors of Torture and Trauma (FASSTT). A FASSTT agency exists in each state and territory. We work in ACT and Southern NSW.

## **PHILOSOPHY**

**Companion House endeavours to provide services that respect, support, and empower survivors of torture and trauma who have sought refuge in Australia, promoting safety, healing, and companionship throughout the settlement journey.**

## **WHAT DO WE DO?**

Companion House provides:

### **Medical service**

The Medical Service provides general practice and primary health services for people from refugee backgrounds in their first twelve months in Australia. The Medical service also provides ongoing care to asylum seekers and people from refugee backgrounds with complex needs.

### **Counselling**

Counsellor/Advocates work with newly arrived people, longer term settlers and asylum seekers. The counselling service assists adults, children and young people.

### **Complementary Therapy**

Companion House offers a complementary therapy service to treat physical pain and emotional distress.

### **Community Development**

The Community Development team works with communities to promote health, make cultural transitions, connect communities to services and strengthen community groups and structures.

### **Training and Professional Development**

Companion House provides training to build organisations' capacity to provide more effective services for people from refugee backgrounds and survivors of torture and trauma.

### **Advocacy**

We work with Government and non government organisations to build awareness and understanding of the needs of people from refugee backgrounds.

### **Immigration Advice**

Registered migration agents provide migration advice primarily to asylum seekers living in the community, and secondarily to people from refugee backgrounds experiencing financial hardship who are seeking family reunion.

**Companion House is a non-government organisation and services are free of charge. For more information or to make an appointment call (02) 6251 4550.**

## MEMBERSHIP

To become a member, please complete the membership form and enclose fee preferably in cheque payable to Companion House

- Organisation \$55
- Individual \$22
- Individual Concession \$11 (student, senior, Health Care Card)

Name/ Organisation:

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Address:

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Phone: .....

Email: .....

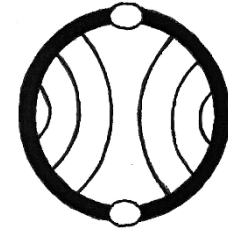
Email: [info@companionhouse.org.au](mailto:info@companionhouse.org.au)  
Donation are welcome and are tax deductible.

### How to get to Companion House by Bus

**Bus 10.** You can catch the bus from Belconnen or City Bus Interchange.

**Bus 73 and 74.** You can only catch this at Belconnen Bus Interchange.

Tell the driver you want to get off at **41 Templeton Street, COOK** (Old Cook Primary School).



## Companion House

Assisting Survivors of Torture and Trauma

Office Address:

41 Templeton Street COOK ACT 2614  
Telephone: (02) 6251 4550  
Fax: (02) 6251 8550

Mailing Address:

PO BOX 112 Jamison Centre ACT 2614

Email: [info@companionhouse.org.au](mailto:info@companionhouse.org.au)

Website: <http://www.companionhouse.org.au>

Patrons:

Justice Elizabeth Evatt AO  
Professor William Maley AM

**Companion House Assisting Survivors of Torture and Trauma Incorporated is a community based service, established in 1989, which aims to assist residents of the Canberra region who may have experienced torture or trauma in their country of origin, in other countries, or in the process of migration to Australia.**